

# COLONY KIDZ CLASS DESCRIPTIONS

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## **Ballet**

This class is geared towards beginners with no prior dance experience required. Students will be introduced to basic ballet fundamentals and vocabulary while developing coordination and musicality.

## **Jazz**

This class is geared towards beginners with no prior dance experience required. Students will learn the foundations of jazz technique through warm-ups, across-the-floor progressions, and fun combinations.

## **Hip-Hop**

This class is geared towards beginners with no prior dance experience required. Students will learn the foundations of hip-hop, developing coordination and rhythm with stylized movement.

## **Contemporary/Modern**

This class is geared towards beginners with no prior dance experience required. Students will learn the foundations of contemporary dance by exploring various techniques, improvisation, and floorwork.

## **Tap**

This class is geared towards beginners with no prior dance experience required. Students will learn the foundations of tap technique by mastering basic terminology and understanding rhythms.

## **Creative Movement**

Creative movement class allows students to combine dance related motor skills with their own imagination. Students will develop body coordination, spatial awareness, and rhythmic skills through movement games and activities.